



**Personal, Social, Health and Economic Education Long Term Overview**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 3</b>	<p align="center"><b>Relationships</b> <b>Positive relationships</b> Identifying a range of emotions and recognising what a positive relationship is, who we have them with and why they are positive</p>	<p align="center"><b>Health and well-being</b> <b>A healthy lifestyle</b> Identifying ways in which to maintain good health, understanding what makes a balanced lifestyle</p> <p align="center"><b>Relationships</b> <b>Anti-bullying</b> Linked activities with anti-bullying week</p>	<p align="center"><b>Health and Well-being</b> <b>Looking after ourselves</b> Promoting a range of hygienic routines, understanding the importance of these and identifying the risks and precautions at home and at school</p> <p align="center"><b>Road safety (led by Junior Road Safety Officers)</b> Identifying safe and unsafe practices of pedestrians, passengers and cyclists on the road</p>	<p align="center"><b>Relationships</b> <b>Valuing difference</b> Recognising that there are similarities and differences between people but everyone is equal and identifying how our actions can affect others and ways in which to solve disputes and conflicts</p>	<p align="center"><b>Living in the wider world</b> <b>Rights and responsibilities</b> Recognising the ways in which rules and laws keep people safe and recognising responsibilities, rights and duties at home, in school and the environment</p>	<p align="center"><b>Living in the wider world</b> <b>Taking care of the environment</b> Identifying community and the differences in customs and values and recognising the sustainability of the environment across the world</p> <p align="center"><b>Health and well-being</b> <b>RS Education</b> Identifying that people are unique and to respect those differences</p> <p align="center"><b>Living in the wider world</b> <b>Pay it forward</b> Enhancing local community links with a yearly project</p>
<b>Year 4</b>	<p align="center"><b>Relationships</b> <b>Feelings and emotions</b> Recognising different types of relationships, understanding the attributes of a positive relationship</p>	<p align="center"><b>Health and well-being</b> <b>Balanced and unbalanced lifestyles</b> Understanding what makes a balanced lifestyle including a review of diet, self-image and personal goals</p> <p align="center"><b>Relationships</b> <b>Anti-bullying</b> Linked activities with anti-bullying week</p>	<p align="center"><b>Health and well-being</b> <b>Loss</b> Understanding the kinds of changes that can happen in life and the feelings associated with this</p> <p align="center"><b>Keeping safe</b> Learning how to appropriately manage risks in familiar situations</p> <p align="center"><b>Road safety (led by JRSO Officers)</b> Understanding the importance of traffic laws relevant to them, and to</p>	<p align="center"><b>Relationships</b> <b>Valuing difference</b> Recognising the importance of difference between individuals and how to value those differences</p> <p align="center"><b>Conflict resolution</b> Identifying how and why conflicts occur and identifying the strategies we use to help solve conflict</p>	<p align="center"><b>Living in the wider world</b> <b>Our place in the Wider World</b> Exploring issues that are pertinent to modern day life, including sustainability and the environment, community and assessing the reliability of information we are told</p>	<p align="center"><b>Living in the wider world</b> <b>Money</b> Understanding how best to manage money and the responsibilities these bring</p> <p align="center"><b>Health and well-being</b> <b>RS Education</b> Exploring how people change as they grow older</p> <p align="center"><b>Living in the wider world</b> <b>Pay it forward</b> Enhancing local community links with a yearly project</p>

			other road users, they may encounter			
<b>Year 5</b>	<p><b><u>Relationships</u></b> <b>New beginnings</b> Explaining how we can make and set new goals for ourselves for the year to come</p> <p><b>Rights, respect and responsibilities</b> Examining our rights and responsibility in a group, identifying how to deal with conflict</p>	<p><b><u>Health and well-being</u></b> <b>Healthy eating</b> Looking at a balanced diet and the dangers of overeating</p> <p><b><u>Relationships</u></b> <b>Anti-bullying</b> Linked activities with anti-bullying week</p>	<p><b><u>Health and well-being</u></b> <b>Keeping safe</b> Explaining how we can keep safe at home, on the road by identifying risks and hazards</p> <p><b>Road safety (led by Junior Road Safety Officers)</b> Understanding the importance of staying safe on the roads and how their action can affect other road users</p>	<p><b><u>Relationships</u></b> <b>Ourselves and others</b> Recognising that all relationships are different and different ways of behaving are appropriate to different types of relationships, knowing the difference between a healthy and unhealthy relationship</p>	<p><b><u>Living in the wider world</u></b> <b>Children's rights</b> Understanding children have legal rights and the ways these can be enforced</p> <p><b><u>Health and well-being</u></b> <b>Drugs + RS Education</b> Explaining how changes occur to the body through puberty and how drugs can harmfully affect how the body works</p>	<p><b><u>Living in the wider world</u></b> <b>Identity</b> Observing who we are and how we fit into the wider community of school, country and world</p> <p><b>Pay it forward</b> Enhancing local community links with a yearly project</p>
<b>Year 6</b>	<p><b><u>Relationships</u></b> <b>Influences and boundaries</b> Explaining the key concepts of tolerance, stereotypes and integration, developing an understanding of how to make a variety of people feel welcome</p>	<p><b><u>Health and well-being</u></b> <b>Goals and aspirations</b> Reflecting and evaluating their own experiences and setting personal goals, particularly to support the change to secondary</p> <p><b><u>Relationships</u></b> <b>Anti-bullying</b> Linked activities with anti-bullying week</p>	<p><b><u>Health and well-being</u></b> <b>Personal safety and risk management</b> Describing the differences between risks, hazards and danger and explaining actions in difficult situations, including road use and unwanted physical contact</p> <p><b>Road Safety (led by Junior Road Safety Officers)</b> Reflecting on how to take an active role in assessing local road systems in their day to day life</p> <p><b><u>Living in the wider world</u></b> <b>Money Matters</b> Understanding the importance of saving money and making informed decisions for allocating funds</p>	<p><b><u>Relationships</u></b> <b>Managing conflicts and compromise</b> Creating strategies to solve conflicts and exploring the consequences of peer pressure and anti-social behaviour</p>	<p><b><u>Health and well-being</u></b> <b>RS Education</b> Exploring how bodies change during puberty and how babies are made and are born</p>	<p><b><u>Living in the wider world</u></b> <b>Pay it forward</b> Enhancing local community links with a yearly project</p> <p><b>Transition</b> Preparing and managing the change to secondary, considering social and moral dilemmas that they come across in life</p> <p><b>Rules and British laws</b> Exploring democracy, how laws are made and enforced and developing an understanding of consequences when rules and laws are broken</p> <p><b>Valuing differences in our community</b> Exploring cultural differences</p>