

Lunch Menu

w/c: 3/11, 24/11, 15/12, 5/01

Week 1



Stir:
let's eat, together

MONDAY

Mediterranean Chicken
Served with Khobez Bread & Roasted Vegetables

TUESDAY

Homemade Margherita Pizza
Served with Baked Potato Wedges and Coleslaw or Peas

WEDNESDAY

Roast Gammon
Served with Crispy Roasties, Broccoli & Gravy

THURSDAY

Lamb Jollof Rice
Served with a Crunchy Slaw

FRIDAY

Golden Fish Fingers
Served with Chips & Baked Beans



Vegetable Tagine

Served with Khobez Bread & Roasted Vegetables

Homemade Pizza al a Pesto

Served with Baked Potato Wedges and Coleslaw or Peas

Carrot & Stuffing Plait

Served with Crispy Roasties, Broccoli & Gravy

Sweet Potato & Black Bean Curry

Served with Steamed Rice & Crunchy Slaw

Roasted Vegetable Pitta Pockets

Served with Chips & Baked Beans



Penne Pasta with Nut free Spinach and Basil Pesto



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Apple Crumble Cake

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Jelly & Fruit Slices

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Carrot & Cinnamon Cookies

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Fruit Salad

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

w/c: 10/11, 1/12, 22/12, 12/01

Week 2



Stir:
let's eat, together

MONDAY

Char Sui Pork
Served with Noodles & Green Cabbage

TUESDAY

Homemade Pizza Margherita
Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken, Sage & Onion Slice
Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

THURSDAY

Bombay Chicken Biryani
Served with Wholegrain Rice & Broccoli

FRIDAY

Golden Fish Fingers
Served with Chips & Baked Beans

Chow Mein Noodles

Served with Green Cabbage

Vegetable Supreme Pizza

Served with Garlic & Herb Wedges and Coleslaw or Peas

Crispy Cheese & Lentil Bake

Served With Crispy Roasties, Carrots, Sweetcorn & Gravy

Malai Koftas (Paneer)

Served with Wholegrain Rice & Broccoli

Sweet Potato, Leek & Cheese Quiche

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Vanilla Sprinkle Sponge

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Watermelon Sticks

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Chocolate Brick

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Fruit Bowls

Penne Pasta with Homemade Tomato Sauce

Jacket Potato
with Cheese or Baked Beans or Tuna Mayo



Oatie Cookie

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

Added plant power

Wholemeal

Vegan

Vegetarian

Oily fish

Full of fruit

Nutritionist's Choice

Extra Protein Power

Good for your gut

Lunch Menu

w/c: 17/11, 8/12, 29/12, 19/01

Week 3



Stir:
let's eat, together

MONDAY

Chicken Tacos

Served with
Rainbow Rice & Sweetcorn

Eat Curious Tacos

Served with Rainbow Rice &
Sweetcorn

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or
Tuna Mayo



Orange & Cinnamon Cake

TUESDAY

Homemade Sausage Rolls

Served with Wedges & Baked Beans

Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or
Tuna Mayo



Fruit Bowls



WEDNESDAY

Roast Chicken Thigh

Served with Crispy Roasties,
Carrots & Sweetcorn

Cheesy Root Veg Crumble

Served with Carrots
& Sweetcorn

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or
Tuna Mayo



Vanilla Ice Cream Cup



THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

Vegetable & Bean Chilli

Served with Steamed Rice &
Green Beans

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato
with Cheese or Baked Beans or
Tuna Mayo



Jelly & Fruit Slices



FRIDAY

Golden Fish Fingers (Salmon Or Pollock)

Served With Chips & Garden Peas

Vegetable Fingers

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce



Jacket Potato
with Cheese or Baked Beans or
Tuna Mayo



Polish Vanilla Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

**Icon
Key**

