



Personal, Social, Health and Economic Education Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p align="center">Relationships Positive relationships Identifying a range of emotions and recognising what a positive relationship is, who we have them with and why they are positive.</p>	<p align="center">Health and well-being A healthy lifestyle Identifying ways in which to maintain good health, understanding what makes a balanced lifestyle.</p> <p align="center">Relationships Anti-bullying Linked activities with anti-bullying week.</p>	<p align="center">Health and Well-being Looking after ourselves Promoting a range of hygienic routines, understanding the importance of these. Identifying the risks and precautions at home and at school.</p> <p align="center">Road safety (led by Junior Road Safety Officers) Identifying safe and unsafe practices of pedestrians, passengers and cyclists on the road.</p>	<p align="center">Relationships Valuing difference Recognising that there are similarities and differences between people but everyone is equal. Identifying how our actions can affect others and ways in which to solve disputes and conflicts.</p>	<p align="center">Living in the wider world Rights and responsibilities Recognising the ways in which rules and laws keep people safe. Recognising responsibilities, rights and duties at home, in school and the environment.</p>	<p align="center">Living in the wider world Taking care of the environment Identifying community and the differences in customs and values/ Recognising the sustainability of the environment across the world.</p> <p align="center">Health and well-being RS Education Identifying that people are unique and to respect those differences.</p> <p align="center">Living in the wider world Pay it forward Enhancing local community links with a yearly project.</p>
Year 4	<p align="center">Relationships Feelings and emotions Recognising different types of relationships, understanding the attributes of a positive relationship.</p>	<p align="center">Health and well-being Balanced and unbalanced lifestyles Understanding what makes a balanced lifestyle including a review of diet, self-image and personal goals.</p> <p align="center">Relationships Anti-bullying Linked activities with anti-bullying week.</p>	<p align="center">Health and well-being Loss Understanding the kinds of changes that can happen in life and the feelings associated with this.</p> <p align="center">Keeping safe Learning how to appropriately manage risks in familiar situations.</p> <p align="center">Road safety (led by JRSO Officers) Understanding the importance of traffic laws relevant to them, and to</p>	<p align="center">Relationships Valuing difference Recognising the importance of difference between individuals and how to value those differences.</p> <p align="center">Conflict resolution Identifying how and why conflicts occur and identifying the strategies we use to help solve conflict.</p>	<p align="center">Living in the wider world Our place in the Wider World Exploring issues that are pertinent to modern day life, including: sustainability and the environment; community and the assessing the reliability of information we are told.</p>	<p align="center">Living in the wider world Money Understanding how best to manage money and the responsibilities these bring.</p> <p align="center">Health and well-being RS Education Exploring how people change as they grow older.</p> <p align="center">Living in the wider world Pay it forward Enhancing local community links with a yearly project.</p>

			other road users, they may encounter.			
Year 5	<p><u>Relationships</u> New beginnings Explaining how we can make and set new goals for ourselves for the year to come.</p> <p>Rights, respect and responsibilities Examining our rights and responsibility in a group, identifying how to deal with conflict.</p>	<p><u>Health and well-being</u> Healthy eating Looking at a balanced diet and the dangers of overeating.</p> <p><u>Relationships</u> Anti-bullying Linked activities with anti-bullying week.</p>	<p><u>Health and well-being</u> Keeping safe Explaining how we can keep safe at home, on the road by identifying risks and hazards.</p> <p>Road safety (led by Junior Road Safety Officers) Understanding the importance of staying safe on the roads and how their action can affect other road users.</p>	<p><u>Relationships</u> Ourselves and others Recognising that all relationships are different and different ways of behaving are appropriate to different types of relationships, knowing the difference between a healthy and unhealthy relationship.</p>	<p><u>Living in the wider world</u> Children's rights Understanding children have legal rights and the ways these can be enforced.</p> <p><u>Health and well-being</u> Drugs + RS Education Explaining how changes occur to the body through puberty and how drugs can harmfully affect how the body works.</p>	<p><u>Living in the wider world</u> Identity Observing who we are and how we fit into the wider community of school, country and world</p> <p>Pay it forward Enhancing local community links with a yearly project.</p>
Year 6	<p><u>Relationships</u> Influences and boundaries Explaining the key concepts of tolerance, stereotypes and integration, developing an understanding of how to make a variety of people feel welcome.</p>	<p><u>Health and well-being</u> Goals and aspirations Reflecting and evaluating their own experiences and setting personal goals, particularly to support the change to secondary.</p> <p><u>Relationships</u> Anti-bullying Linked activities with anti-bullying week.</p>	<p><u>Health and well-being</u> Personal safety and risk management Describing the differences between risks, hazards and danger and explaining actions in difficult situations, including road use and unwanted physical contact.</p> <p>Road Safety (led by Junior Road Safety Officers) Reflecting on how to take an active role in assessing local road systems in their day to day life.</p> <p><u>Living in the wider world</u> Money Matters Understanding the importance of saving money and making informed decisions for allocating funds.</p>	<p><u>Relationships</u> Managing conflicts and compromise Creating strategies to solve conflicts and exploring the consequences of peer pressure and anti-social behaviour.</p>	<p><u>Health and well-being</u> RS Education Exploring how bodies change during puberty and how babies are made and are born.</p>	<p><u>Living in the wider world</u> Pay it forward Enhancing local community links with a yearly project.</p> <p>Transition Preparing and managing the change to secondary, considering social and moral dilemmas that they come across in life.</p> <p>Rules and British laws Exploring democracy, how laws are made and enforced. Understanding consequences when rules and laws are broken.</p> <p>Valuing differences in our community Exploring cultural differences.</p>