



**Relationships and Sex Education
Year 3 Overview**

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| Lesson 1 - Naming body parts <ul style="list-style-type: none">To describe the physical differences between males and femalesTo name the different body parts | Resources <ul style="list-style-type: none">Cartoon drawing of body part picturesX-ray of a female |
| Lesson 2 - Body differences <ul style="list-style-type: none">To identify that people are unique and to respect those differencesTo explore the differences between male and female bodies | Resources <ul style="list-style-type: none">Cartoon drawing of male and female body partsBody matching cards |
| Lesson 3 - Personal space <ul style="list-style-type: none">To consider appropriate and inappropriate physical contact and consent.To understand that each person's body belongs to themTo understand personal space and unwanted touch | Resources <ul style="list-style-type: none">NSPCC PANTS cardsUnwanted Touch scenariosVideo on consent and communication (link below) |
| https://amaze.org/video/healthy-relationships-consent-and-communication/ | |
| Lesson 4 - Help and support <ul style="list-style-type: none">To explore different types of families and who to go to for help and supportTo understand that all families are different and have different family membersTo identify who to go to for help and support | Resources <ul style="list-style-type: none">Who can you talk too?The Family Book by Todd Parr |
| Vocabulary covered within unit: similar, different, gender roles, stereotypes, boy, girl, male, female, private parts, penis, testicles, vagina, vulva, uterus, family, fostering, adoption and relationship. | |